



Ginger Dressing

Ingredients:

- 2 tbsp rice vinegar (must be 0 sugar) or apple cider vinegar
- 1 tbsp grated ginger root
- 1/2 cup olive oil
- 1 tbsp soy sauce
- 1/4 teaspoon Stevia
- Salt and pepper to taste
- 1/4 tsp hot pepper sauce

Directions:

1. Mix vinegar with ginger and let stand for 2 minutes.
2. Strain into bowl, press to extract liquid.
3. Whisk in oil, soy sauce, Stevia, salt, pepper, and hot pepper sauce

Servings: makes 6 servings.

Each serving = daily healthy fat.

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