



Lebro's House Dressing

Ingredients: In a blender on slow, blend

- 1 egg
- $\frac{3}{4}$ cup oil
- $\frac{1}{2}$ tbsp Worcestershire
- $\frac{3}{4}$ tsp French's Mustard
- $\frac{3}{4}$ tbsp season salt
- $\frac{3}{4}$ tbsp black pepper
- $\frac{1}{2}$ tbsp chopped garlic
- $\frac{1}{4}$ tbsp anchovy paste
- 2 $\frac{1}{2}$ tbsp lemon juice
- 2 tbsp Diet Right Cheese Sauce, dry
- 1 $\frac{1}{4}$ tbsp dry parsley

Directions:

1. In a blender, blend the egg and oil on a slow setting.
2. Slowly add in the rest of the ingredients while blending.
3. Enjoy!

Servings: makes 18 servings.

Each serving = daily healthy fat.

716-320-1515
DietMentor.com
info@dietmentor.com