



PASTA VEGGIE SALAD

Ingredients:

- 1 packet Diet Rite High Protein Fusilli or Orzo cooked
- 1 cup cherry tomatoes halved
- ½ cucumber chopped
- ½ cup chopped green bell pepper
- ½ cup small red onion
- 5 olives cut in half
- 1 small bunch of parsley
- ¼ tsp salt
- Ground pepper

Directions:

1. Prepare your Diet Rite pasta according to the directions on the box.
2. Slice or dice your veggies and mix in a large bowl.
3. Add the pasta to the veggies.
4. Mix in the Vinaigrette and toss.
5. Cover and refrigerate for at least 2 hours.
6. Add the chopped parsley.
7. Prepare the Diet Right Cheese Dip and drizzle on top.
8. Salt and pepper to taste.
9. Enjoy!

Servings: 1

Each serving = 1 cup occasional vegetables, 1 cup select vegetables, 1 serving healthy fat,
¼ tsp salt, 1 Diet Right product

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