



# Tabbouleh Salad

## Ingredients:

- 1 medium cauliflower head
- 5 medium mushrooms
- 3 small dill pickles
- 1 celery stalk
- 1 medium cucumber
- 1 tsp minced garlic
- ¼ cup chopped red onion
- 1 tsp olive oil
- 1 tbsp horseradish mustard
- 1 tbsp white wine vinegar
- Pinch of chives
- Chopped basil to taste
- Sea salt to taste

## Directions:

1. Dice or coarsely chop all the ingredients and place them in a mixing bowl.
2. Add Mustard, Vinegar, Oil—then sprinkle with sea salt.
3. Mix all together and enjoy!

Servings: makes ~5 servings.

Each serving = 1 cup select vegetables.

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