



Vanilla Chocolate Chip Cookies

Ingredients:

- 1 packet Vanilla Chocolate Chip Mug Cake Mix
- 1 tbsp. Vanilla drink (ready-made) or milk, or Almond Milk (unsweetened)
- 2 tbsp. egg whites
- 1 tbsp. Walden Farms Syrup
- 1 tsp. olive oil

Instructions:

1. Preheat oven to 350° F.
2. Stir all ingredients together in a medium bowl and mix well.
3. Spray non-stick spray onto baking pan.
4. Scoop small ball size cookies onto pan.
5. Using back of spoon, flatten each cookie.
6. Bake for approx. 7 minutes.
7. Cool and Enjoy!

Servings: makes 1 serving.

Each serving = 1 protein product, 1 oz. lean protein, 1 extra, 1 tsp healthy fat.

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