



Pumpkin Pie (alternative diet only)

Ingredients:

- 1 pkt Diet Right Brown bread
- 1/2 cup summer squash, peeled, chopped and cooked
- 1/4 tsp pumpkin pie spice
- 1 to 2 pkts. Artificial sweetener
- 1 egg
- 2 oz. 1% fat cottage cheese
- 4 oz. water

Directions:

1. Place Diet Right Brown bread in a small baking dish.
2. Preheat oven to 350 degrees.
3. Blend remaining ingredients until smooth.
4. Pour over brown bread and bake for 10-15 minutes. (or until solid)
5. serve and enjoy!

Servings:

Each serving

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